

GO BLUE



Go Blue
May 22 awareness+
community+

RESOURCE PACK

MAY, 2021





LET'S DO THIS!

We are very excited you are thinking about hosting an event for Go Blue on May 22.

Go Blue on May 22 is an awareness-raising initiative that is a fun way to get involved and show your support for people living with HD.

You can interpret 'Go Blue' in any way you would like - wear blue clothing, dye your hair blue or decorate your home or office in blue - get creative and help us raise much needed awareness of Huntington's disease.

Inside this pack you will find lots of resources to help you plan your event:

Pack contents:

- Some event/ fundraising ideas
- Info on where your donations go
- A poster for your 'Go Blue' event - you can customize date, time and location
- Stickers for donation jars
- information cards

As always, if you have any questions, please contact the community engagement and events team.



FUNDRAISING IDEAS

Here are just a few ideas of ways you could help raise awareness and much needed funds for Huntington's Disease this May.



SAUSAGE SIZZLE

Hold a sausage sizzle at your local sports club as 'Go Blue' is on Saturday this year



CAKE STALL

Hold a cake stall at your school or workplace throughout May



BLUE AFTERNOON TEA

Host a blue afternoon tea with friends and family



GET YOUR SPORTS CLUB TO 'GO BLUE'

'Go Blue' is on a Saturday this year so why not get your local footy or sports club involved

WHERE WILL MY MONEY GO?



\$25

Will help enable a person impacted by Huntington's Disease (HD) to speak to a trained professional and get free, confidential advice and support.

\$50

Will help fund transport to vital medical appointments.

\$80

Works with another gift to fund outreach case workers conducting home visits - no matter where people impacted by HD live

\$100

Will help fund one-on-one or family counselling sessions

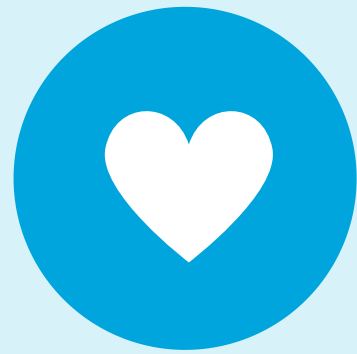
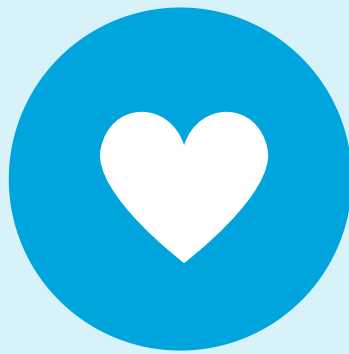
\$250

Can help educate a team of nurses and personal care attendants about how they can best care for a person affected by HD - education session

\$350

Will fund a week's emergency respite for people with HD to prevent family breakdown.





GO BLUE ON MAY 22

Every dollar raised helps support those impacted by Huntington's Disease.

WHEN: _____

WHERE: _____

TIME: _____

DETAILS: _____



DONATION STICKERS

**DONATE
FOR A
GREATER
CAUSE**

Support those with
Huntington's Disease

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What is Huntington's Disease?

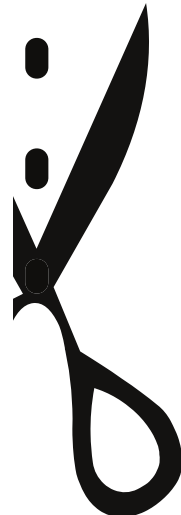


Huntington's disease is a genetic neurodegenerative disease that results in brain cell death. People with the disease can experience unpredictable physical, cognitive, emotional, and behavioural symptoms.

Currently there is no cure for Huntington's disease or effective treatment



INFO CARDS - Cut and fold on the dotted lines



FIND OUT MORE

huntingtonsvic.org.au
info@huntingtonsvic.org.au
Free call 1800 063 501

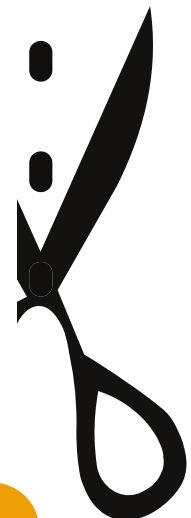


Huntington's disease symptoms:

- Involuntary movements
- Difficulty swallowing
- Impaired physical coordination & balance such as an awkward gait
- Loss of mental flexibility & rigidity in thought processes
- Difficulty with planning, organising & executing tasks
- Impaired verbal communication
- Emotional changes such as depression & anxiety

There is no cure for Huntington's disease, however we have services and support for people to manage the illness and encourage a full quality of life.

INFO CARDS - Cut and fold on the dotted lines



Supporting Huntington's Victoria



Your donation is vital for Huntington's Victoria to provide essential services that maintain a quality of life for people living with Huntington's disease. With your support, we can access better resources and improve the lives of Victorian families.



huntingtonsvic.org.au
info@huntingtonsvic.org.au
Free call 1 800 063 501

**DONATE ONLINE
OR CALL US**

All donations over \$2 are tax deductible | ABN 36 314 277 141

Donate today.

Pick a donation amount:
 \$25 \$50 \$100 \$200

Other: _____

Name: _____

Email: _____

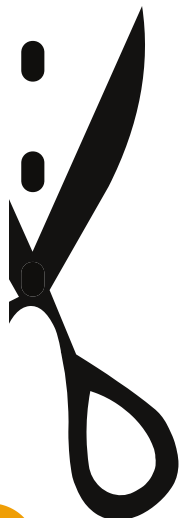
Credit Card #: _____

Expiry Date (mm/yy): _____

_____/____/____
CVV _____



INFO CARDS - Cut and fold on the dotted lines



What we do at Huntington's Victoria

Huntington's Victoria is a non-profit organisation established in 1973 and is the only specialist service to support and assist people affected by Huntington's disease. We aim to improve the quality of life of all people impacted, while encouraging people affected to live meaningful and hopeful lives as valued members of the community.



- Connect people to essential services based on individual need
- Assist people with Huntington's disease and their families make informed decisions
- Help individuals maintain their independence
- Provide support for carers and families
- Advocate to government bodies and policymakers for improved access to services for people with Huntington's disease
- Educate health professionals and direct care staff about how to support people living with Huntington's disease
- Raise awareness and increase understanding of Huntington's disease in the community
- Provide a safe space for our community to come together
- Support Huntington's disease research

Our direct service provision:

FIND OUT MORE

huntingtonsvic.org.au
info@huntingtonsvic.org.au
Free call 1800 063 501

